




|  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |  |
|--|---|---|--|--|--|--|
|  |   |   |  |  |  | We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.   |
|  | <i>Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk<br/>1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily</i> |   |  |  |  |  |
| <p>Look for an * that denotes the vegetarian meal option offered Daily</p> <p>Fresh Salad Bar and Fruit Bar Offered Daily</p> <p>1 or more of the following will be offered daily: Pizza, Burgers, Chicken Patty Sandwich, Deli Sandwich, or Yogurt Parfait. Check the menu board in the kitchen to see what is offered that day.</p> <p><u>Any Questions or Concerns</u><br/>Please contact Regina Arnold<br/>Food Service Manager<br/>rarnold@yorkarcs.org</p> |    |  | 1<br>Chicken Alfredo<br>Pasta Alfredo*<br>Broccoli   | 2<br>Grilled Cheese*<br>Tomato Soup<br>Smiley Fries  | 3<br>Cheese Pizza*<br>Or Sweet Bologna Sandwich<br>Green Beans<br>Ice Cream Sandwich   | <p><u>Lunch</u><br/>All students eat at no charge<br/>Adult Lunch \$5.00</p> <p>Pizza* \$2.25<br/>Hot Sandwich* \$2.25<br/>Extra Hot Entree* \$2.25<br/>Entree Salad \$2.25</p> <p>Add a fruit and veggie to any of the above choices and make this a free meal.</p> |
|  | 6<br>Chicken Patty<br>Or Veggie Patty*<br>Sandwich<br>Potato Wedges   | 7<br>Walking Taco<br>Or Vegetarian Walking Taco*<br>Fiesta Beans, Salsa           | 8 <b>Early Dismissal</b><br>Maxi Sticks w/Sauce*<br>Or Cheeseburger<br>Green Beans                               | 9<br>General Tso Chicken<br>Vegetarian General Tso*<br>Fried Rice, Broccoli  | 10<br>Tater Tot Casserole<br>w/Corn Muffin<br>Or Veggie Burger*<br>Peas and Carrots    |  |
|  | 13<br>Chick-n-Cheese Basket<br>Or Breaded Cheese Sticks w/Sauce*<br>Potato Wedges   | 14<br>Beef Nachos<br>Or Cheesy Nachos*<br>Fiesta Beans, Salsa                     | 15<br>Chili and Corn Chips<br>Vegetarian Chili *and<br>Corn Chips<br>Broccoli                                    | 16 <b>Holiday Meal</b><br>Roasted Turkey or<br>Vegetarian Tenders*<br>Stuffing, Mashed Potatoes<br>and Gravy, Corn | 17<br>Pepperoni Stuffed<br>Sandwich<br>Or Garlic French Bread<br>Pizza*<br>Green Beans |  |
|  | 20<br>Cheeseburger<br>Or Cheese Pizza*<br>Baked Beans<br>Salad Bar  | 21<br>Meatballs or Vegetarian<br>Meatballs* w/Bosco<br>Stick<br>Broccoli          | 22 <b>Early Dismissal</b><br>Cheese Pizza*<br>Or Sweet Bologna<br>Sandwich<br>Green Beans<br>Thanksgiving Cookie | 23<br><b>No School<br/>Happy<br/>Thanksgiving</b>  | 24<br><b>No School<br/>Happy<br/>Thanksgiving</b>                                      |  |
|  | 27<br>Popcorn Chicken or<br>Vegetarian Chicken* Bowl<br>w/Roll<br>Mashed Potatoes, Corn   | 28<br>Chicken Quesadilla<br>Or Pizza Quesadilla*<br>Peas and Carrots              | 29<br>Chicken Alfredo or Pasta<br>Alfredo * w/Roll<br>Broccoli   | 30<br>Grilled Cheese*<br>Tomato Soup<br>Smiley Fries   |   |  |