



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
						We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.
	<i>Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk 1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily</i>					
<p><b>Milk Option:</b> 1% White Fat Free Chocolate, Vanilla and Strawberry.</p> <p><b>Assorted fresh vegetables, fresh and canned fruit offered daily.</b></p> <p><b>Note:</b> Students must take a fruit and/or Vegetable to qualify for the meal to be served at no cost to you.</p> <p><b>Offered Daily PB&amp;J Munchable:</b> PB&amp;J uncrustable, 1 cheese stick, and 1 pack goldfish crackers <b>WowButter Munchable:</b> (sunflower seed butter) 1 cheese stick, and 1 pack goldfish crackers.</p>			1 <sup>③</sup> <b>Sloppy Joe Sandwich Or Veggie Burger*</b> Tater Tots	2 <sup>④</sup> <b>BBQ Chicken Pretzel Sandwich</b> Yogurt Munchable Baked Beans	3 <sup>⑤</sup> <b>Mickey's Pizza*</b> Or Ham and Cheese Sandwich Green Beans SideKick	<b>PRICES</b>
	6 <sup>①</sup> <b>Chicken Patty Or Veggie Patty Sandwich*</b> Baked Beans	7 <sup>②</sup> <b>Walking Taco Or Yogurt Munchable*</b> Corn, Salsa	8 <sup>③</sup> <b>Early Dismissal Maxi Sticks* Or Turkey and Cheese Sandwich</b> Green Beans Brownie Bar	9 <sup>③</sup> <b>Beef-a-Roni w/Roll Saucy Pasta* w/Roll</b> Broccoli	10 <sup>④</sup> <b>Mini Corn Dogs Cheesy Pull -Apart*</b> Smiley Fries	<p><b>Lunch</b> All Students eat at no charge Adult Lunch \$5.00 Snacks .50-1.00</p> <p><b>Any Questions or Concerns</b> Please contact Regina Arnold Food Service Manager rarnold@yorkarcs.org</p> <p>Look for an * that denotes the vegetarian meal option offered Daily</p> <p>Cycle day is in the upper right corner on each day.</p>
	13 <sup>⑤</sup> <b>General Tso Chicken w/ Brown Rice Or Yogurt Munchable*</b> Broccoli	14 <sup>①</sup> <b>Beef Nachos Cheese Nachos*</b> Texas Beans	15 <sup>②</sup> <b>Holiday Meal</b> Roasted Turkey Or Vegetarian Tenders Stuffing, Mashed Potatoes and Gravy, Corn	16 <sup>③</sup> <b>Popcorn Chicken w/Roll Yogurt Munchable*</b> Peas	17 <sup>④</sup> <b>Cheese Pizza* Or Turkey and Cheese Sandwich</b> Green Beans Brownie Bar	
	20 <sup>⑤</sup> <b>Chicken Tenders w/Goldfish Or Veggie Tenders w/Goldfish*</b> Baked Beans	21 <sup>①</sup> <b>Soft Chicken Taco Or Queso Pull-Apart*</b> Corn, Seasoned Rice, Salsa	22 <sup>③</sup> <b>Early Dismissal Garlic French Bread* Or Turkey and Cheese Sandwich</b> Green Beans Thanksgiving Cookie	23 <b>No School Happy Thanksgiving</b>	24 <b>No School Happy Thanksgiving</b>	
	27 <sup>②</sup> <b>Chic-n-Cheese Basket Or Breaded Cheese Sticks w/Marinara*</b> Peas	28 <sup>③</sup> <b>Chicken Quesadilla Or Pizza Quesadilla*</b> Corn, Salsa, Sour Cream	29 <sup>④</sup> <b>Sloppy Joe Sandwich Or Veggie Burger*</b> Tater Tots	30 <sup>⑤</sup> <b>BBQ Chicken Pretzel Sandwich</b> Yogurt Munchable Baked Beans	