

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
						<b>We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.</b>
	<i>Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk 1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily</i>					
<p>Look for an * that denotes the vegetarian meal option offered Daily</p> <p>1 or more of the following will be offered daily: Pizza, Burgers, Chicken Patty Sandwich, Deli Sandwich, or Yogurt Parfait. Check the menu board in the kitchen to see what is offered that day. Fresh and canned fruit offered daily.</p> <p><u>Any Questions or Concerns</u> Please contact Regina Arnold Food Service Manager rarnold@yorkarcs.org</p>					<p>1 <b>Cheese Pizza* Or Sweet Bologna Sandwich</b> Green Beans, Salad Bar Ice Cream Sandwich</p>	<p><u>Lunch</u> All students eat at no charge Adult Lunch \$5.00</p>
	<p>4 <b>No School</b></p>	<p>5 <b>Chicken Quesadilla Or Pizza Quesadilla*</b> Fiesta Beans, Salad Bar Salsa and Sour Cream</p>	<p>6 <b>Early Dismissal Pizza* Or Cheeseburger</b> Green Beans Salad Bar</p>	<p>7 <b>Beef-a-Roni w/Roll Or Saucy Pasta w/Roll*</b> Broccoli Salad Bar</p>	<p>8 <b>French Toast Sticks w/ Sausage or Yogurt*</b> Tater Tots Salad Bar</p>	<p><b>A LA CARTE (May Vary)</b></p>
	<p>11 <b>Chicken Patty Sandwich Or Vegetarian Tenders w/Goldfish*</b> Potato Wedges, Salad Bar</p>	<p>12 <b>Walking Taco Or Vegetarian Walking Taco*</b> Salad Bar Corn, Salsa</p>	<p>13 <b>Mini Corn Dogs Or Veggie Burger*</b> Baked Beans* Salad Bar</p>	<p>14 <b>General Tso Chicken Or Vegetarian General Tso*</b> Fried Rice, Broccoli Salad Bar</p>	<p>15 <b>Maxi Sticks w/Marinara* Or Cheeseburger</b> Green Beans Salad Bar</p>	<p>Pizza* \$2.25 Hot Sandwich* \$2.25 Extra Hot Entree* \$2.25 Entree Salad \$2.25</p> <p>Add a fruit and veggie to any of the above choices and make this a free meal.</p>
	<p>18 <b>Chick-n-Cheese Basket Or Breaded Cheese Sticks w/Sauce*</b> Potato Wedges Salad Bar</p>	<p>19 <b>Beef Nachos Or Cheesy Nachos*</b> Fiesta Beans, Salsa Salad Bar</p>	<p>20 <b>Early Dismissal Fiesta Beef Stuffed Sandwich Or Pizza*</b> Green Beans, Salad Bar</p>	<p>21 <b>Sub Day</b> Sub Toppings Salad Bar Chips</p>	<p>22 <b>Korean BBQ Chicken Mac-n-Cheese Bowl Or Mac-n-Cheese *</b> Broccoli, Salad Bar</p>	<p>Bagged snacks \$0.75 All Drinks \$1.50 Ice Cream \$1.00 Bottled Water \$1.00 Cookies \$0.75 Rice Krispy Treat \$1.00</p>
	<p>25 <b>No School</b></p>	<p>26 <b>Cheeseburger Or Cheese Pizza*</b> Baked Beans Salad Bar</p>	<p>27 <b>Spicy Chicken-n-Waffle Vegetarian Chick-n-Waffle*</b> Tater Tots Salad Bar</p>	<p>28 <b>Meatballs w/Garlic Knot Or Vegetarian Meatballs w/Garlic Knot*</b> Broccoli Salad Bar</p>	<p>29 <b>Pizza* Or Sweet Bologna Sandwich</b> Green Beans, Salad Bar Ice Cream Sandwich</p>	