


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
						We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.
	Build a Healthy Breakfast: Pick 1 entree, add Juice, Fruit and your Favorite Milk “Choose 2” Option Offered Daily: Variety of Cereal, Yogurt, Cheese and Muffins					
			1 McKnight Croissant Assorted Fruit and Juice Assorted Milk	2 Dutch Waffle Assorted Fruit and Juice Assorted Milk	3 Bagel w/Cream Cheese Assorted Fruit and Juice Assorted Milk	Breakfast All Students eat at no charge Adult Breakfast \$3.00
Milk Option: 1% White Fat Free Chocolate, Vanilla and Strawberry, when available. Note: Students must take a fruit to qualify for the meal to be served at no cost to you.	6 French Toast Bites w/Whipped Cream Assorted Fruit and Juice Assorted Milk	7 Egg, Cheese, & Turkey Sausage Burrito Assorted Fruit and Juice Assorted Milk	8 Early Dismissal McKnight Croissant Assorted Fruit and Juice Assorted Milk	9 Dutch Waffle Assorted Fruit and Juice Assorted Milk	10 Bagel w/Cream Cheese Assorted Fruit and Juice Assorted Milk	
	13 French Toast Bites w/Whipped Cream Assorted Fruit and Juice Assorted Milk	14 Egg, Cheese, & Turkey Sausage Burrito Assorted Fruit and Juice Assorted Milk	15 McKnight Croissant Assorted Fruit and Juice Assorted Milk	16 Dutch Waffle Assorted Fruit and Juice Assorted Milk	17 Bagel w/Cream Cheese Assorted Fruit and Juice Assorted Milk	<u>Any Questions or Concerns</u> Please contact Regina Arnold Food Service Manager rarnold@yorkarcs.org
	20 French Toast Bites w/Whipped Cream Assorted Fruit and Juice Assorted Milk	21 Egg, Cheese, & Turkey Sausage Burrito Assorted Fruit and Juice Assorted Milk	22 Early Dismissal McKnight Croissant Peaches 100% Grape Juice	23 No School Happy Thanksgiving	24 No School Happy Thanksgiving	
	27 French Toast Bites w/Whipped Cream Assorted Fruit and Juice Assorted Milk	28 Egg, Cheese, & Turkey Sausage Burrito Assorted Fruit and Juice Assorted Milk	29 McKnight Croissant Assorted Fruit and Juice Assorted Milk	30 Dutch Waffle Assorted Fruit and Juice Assorted Milk	