

7 Houses 1 Kingdom

May 2024 Lower School

Onesto

Stuffed Hash
Brown Bear
Filled with Egg
and Cheese

Sanchar

Elephant Ear
really it's
sister, the funnel
cake

Nasuga

Wolf Bites
Pancakes
you will Wolf
down.

Byodo Balanced Breakfast

Bagel Pizza
Sauce and Cheese
on a toasty bagel

Meditar

Blueberry Muffin
and Smoothie

Umbuzo Lion Bites

French Toast
Bites w/ Whipped
Cream

Doctrina

McOwl Sandwich
Chicken Sausage
and Cheese
between waffles

Build a Healthy Breakfast: Pick 1 entree, add Juice, Fruit and your Favorite Milk
"Choose 2" Option Offered Daily: Variety of Cereal, Yogurt, Cheese and Muffins
Milk Options: 1% White, Fat Free Chocolate and Strawberry

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Byodo	2 Meditar	3 Umbozo
6 Doctrina	7 Onesto	8 Sanchar	9 Nasuga	10 Byodo
13 Meditar	14 Umbuzo	15 Doctrina	16 Onesto	17 Sanchar
20 Nasuga	21 Byodo	22 Meditar	23 Umbuzo	24 Doctrina
27 Onesto	28 Sanchar	29 Chef's Choice	30 Chef's Choice	31