



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Look for an * that denotes the vegetarian meal option offered Daily</p> <p>Fresh Salad Bar and Fruit Bar Offered Daily</p> <p>1 or more of the following will be offered daily: Pizza, Burgers, Chicken Patty Sandwich, Deli Sandwich, or Yogurt Parfait. Check the menu board in the kitchen to see what is offered that day.</p> <p><u>Any Questions or Concerns</u> Please contact Regina Arnold Food Service Manager rarnold@yorkarcs.org</p>	<p><i>Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk</i> 1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily</p>					<p>We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.</p>
	1 <b>No School</b>	2 Walking Taco Or Vegetarian Walking Taco* Fiesta Beans, Salsa	3 Chicken Patty Or Veggie Patty* Sandwich Potato Wedges	4 General Tso Chicken Vegetarian General Tso* Fried Rice, Broccoli	5 Maxi Sticks w/Marinara* Or Cheeseburger Green Beans	<p><b>Lunch</b> All students eat at no charge Adult Lunch \$5.00</p>
	8 Cheeseburger Or Veggie Burger* Baked Beans	9 Beef Nachos Or Cheesy Nachos* Fiesta Beans, Salsa	10 <b>Early Dismissal</b> Pizza* Or Cheeseburger Green Beans	11 Chick-n-Cheese Basket Or Breaded Cheese Sticks w/Marinara Smiley Fries	12 BBQ Meatballs or Vegetarian Meatballs* w/Mac-n-Cheese Broccoli	<p>Pizza* \$2.25 Hot Sandwich* \$2.25 Extra Hot Entree* \$2.25 Entree Salad \$2.25</p>
	15 Spicy Chicken-n-Waffle Or Vegetarian Chicken-n-Waffle Tater Tots	16 Soft Shell Beef Taco Vegetarian Chicken Taco* Seasoned Rice, Corn	17 Variety of Subs All the Fixins Baked Beans Chips	18 Meatballs w/Garlic Knot Or Cheese Pizza* Broccoli	19 Pizza* Or Sweet Bologna Sandwich Green Beans Ice Cream Sandwich	<p>Add a fruit and veggie to any of the above choices and make this a free meal.</p>
	22 Popcorn Chicken Bowl Or Vegetarian Tenders* W/ Roll Mashed Potatoes&Gravy Corn	23 Chicken or Cheese* Quesadilla Peas Salsa, Sour Cream	24 Chicken Alfredo Or Pasta Alfredo w/Dinner Roll Broccoli	25 Grilled Cheese w/Goldfish* Tomato Soup Baked Beans	26 Cheeseburger or Pizza* Green Beans	
	29 Chicken Patty or Veggie Patty* Sandwich Potato Wedges	30 Walking Taco Or Vegetarian Walking Taco* Fiesta Beans, Salsa				