

7 Houses 1 Kingdom

April 2024 Lower School

Onesto

Stuffed Hash
Brown Bear
Filled with Egg
and Cheese

Sanchar

Elephant Ear
really it's
sister, the funnel
cake

Nasuga

Wolf Bites
Pancakes
you will Wolf
down.

Byodo Balanced Breakfast

Bagel Pizza
Sauce and Cheese
on a toasty bagel

Meditar

Blueberry Muffin
and Smoothie

Umbuzo Lion Bites

French Toast
Bites w/ Whipped
Cream

Doctrina

McOwl Sandwich
Chicken Sausage
and Cheese
between waffles

Build a Healthy Breakfast: Pick 1 entree, add Juice, Fruit and your Favorite Milk
"Choose 2" Option Offered Daily: Variety of Cereal, Yogurt, Cheese and Muffins
Milk Options: 1% White, Fat Free Chocolate and Strawberry

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Nasuga	3 Byodo	4 Meditar	5 Umbozo
8 Doctrina	9 Onesto	10 Sanchar	11 Nasuga	12 Byodo
15 Meditar	16 Umbuzo	17 Doctrina	18 Onesto	19 Sanchar
22 Nasuga	23 Byodo	24 Meditar	25 Umbuzo	26 Doctrina
29 Onesto	30 Sanchar			