

# 7 Houses 1 Kingdom

# April 2024 Upper School

## Metatidon

Stuffed Hash  
Brown  
Communicate to  
you friends how  
good it is!

## Ulwazi

SSSnake  
Cakessss  
Funnel Cake

## Lembhali McGryphon Croissant

Egg and Cheese  
on a Crossiant

## Equibrato's Balanced Bagel

Toasty Bagel  
with Cream Cheese  
and Jelly

## Wonchig

You know right  
from wrong. It is  
right to eat  
Pancake Bites!

## Ganditor

Gandi-Bites  
French Toast  
Bites

## Chaxun McDragon Sandwich

Chicken Sausage  
and Cheese  
between waffles

**Build a Healthy Breakfast: Pick 1 entree, add Juice, Fruit and your Favorite Milk**

**"Choose 2" Option Offered Daily: Variety of Cereal, Yogurt, Cheese and Muffins**

**Milk Options: 1% White, Fat Free Chocolate and Strawberry. Fresh and Canned Fruit offered Daily.**

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Wonchig	3 Lembhali	4 Ganditor	5 Chaxun
8 Metatidon	9 Ulwazi	10 Lembhali	11 Equibrato	12 Wonchig
15 Ganditor	16 Chaxun	17 Lembhali	18 Metatidon	19 Ulwazi
22 Equibrato	23 Wonchig	24 Lembhali	25 Ganditor	26 Chaxun
29 Metatidon	30 Ulwazi			