

York Academy Lower & Upper School



October

2020

Breakfast Menu First Choice:

- Monday
Fruel
- Tuesday
Bagel
- w/Cream Cheese
- Wednesday
Cinnamon Bun
- Thursday
Cereal w/Yogurt
- Friday
Cereal w/Muffin

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 All Beef Hot Dog or Ham and Cheese Sandwich Baked Beans Peas Assorted Fruit and Milk	2 Cheese Pizza or Picnic Pack Smiley Fries, Side Salad Assorted Fruit and Milk Mini Rice Krispy Treat World Smile Day
5 Green Salad w/Chicken or Pretzel Pack Potato Wedges, Cherry Tomatoes Assorted Fruit and Milk	6 Chicken Patty Sandwich or Picnic Pack Baked Beans and Carrots Assorted Fruit and Milk	7 Ham and Cheese Sub or Turkey and Cheese Sub or Picnic Pack Cucumbers, Side Salad Assorted Fruit and Milk Chips	8 Oven Fried Drumstick with Mac and Cheese or Pretzel Pack Peas, Side Salad Assorted Fruit and Milk	9 Mini Corn Dogs or Turkey and Cheese Sandwich Broccoli, Side Salad Assorted Fruit and Milk
12 No School Columbus Day	13 Meatballs w/Bosco Stick Or Turkey and Cheese Side Salad, Cucumbers Assorted Fruit and Milk	14 Early Dismissal Cheese Pizza or Picnic Pack Broccoli Assorted Fruit and Milk Chocolate Chip Cookie	15 French Toast Sticks w/Sausage or Picnic Pack Hash Brown, Carrots Assorted Fruit and Milk	16 Chicken Club Sandwich or Turkey and Cheese Corn, Cherry Tomatoes Assorted Fruit and Milk
19 Chicken Tenders w/Pretzel or Picnic Pack Carrots Baked Beans Assorted Fruit and Milk	20 Chicken Quesadilla or Sweet Bologna and Cheese Side Salad Salsa, Sour Cream Assorted Fruit and Milk	21 Beef Nachos w/Corn Chips or Sweet Bologna and Cheese Peas, Salsa Assorted Fruit and Milk	22 Popcorn Chicken Bowl or Pretzel Picnic Pack Mashed Potatoes, Corn Assorted Fruit and Milk	23 Cheese Pizza or Picnic Pack Side Salad, Broccoli Assorted Fruit and Milk
26 Tangerine Chicken w/Rice or Tuna Salad Sandwich Broccoli, Side Salad Assorted Fruit and Milk Fortune Cookies	27 Soft Chicken Taco or Tuna Salad Sandwich Salsa, Corn, Cheese, Sour Cream, Assorted Fruit and Milk	28 Early Dismissal Chicken Patty Sandwich or Picnic Pack Baked Beans, Carrots Assorted Fruit and Milk	29 Chili w/Corn Chips or Pretzel Pack Broccoli, Celery/Ranch Assorted Fruit and Milk	30 Maxi Sticks w/Marinara or Tuna Salad Sandwich Green Beans, Side Salad Assorted Fruit and Milk

Lunch Prices:
 Regular \$2.75
 Reduced: \$.40
 Adult Lunch: \$5.00

Breakfast Prices:
 Regular: \$1.70
 Reduced: Free
 Adult Breakfast: \$3.00

New Items:
 Pretzel Pack: Soft Pretzel
 w/warm Nacho Cheese Sauce
 Picnic Pack: Yogurt, Cheese
 Graham Snack & Cheese Crackers
 Picnic Packs and Cheese
 Sandwiches are avail daily

For special diet, cafeteria concerns or questions, please contact Gina Arnold at 717-900-5001, ext. 2109 or send an e-mail to rarnold@yorkarcs.org.